

Air Navigation Services

Safety BITes

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FATIGUE MANAGEMENT

24 JUN 2016

Further to **SAFETY MATTERS 4/ATC/2016** dated 5 June 2016 on same topic of FATIGUE, it is emphasized that the Medical Fitness of an air traffic controller is an important element for ATC Licensing (ref : **Civil Aviation Regulations 2016, Regulation 156 'A holder of an air traffic controller licence shall not act as an air traffic controller if he knows or has reason to believe that he is suffering from fatigue which may render him unable to act as an air traffic controller in a safe and proper manner'**).



ICAO defines fatigue as a physiological state of reduced mental or physical performance capability resulting from sleep loss, extended wakefulness, circadian phase, and/or workload (mental and/or physical activity) that can impair a person's alertness and ability to perform safety related operational duties.

Because fatigue is affected by all waking activities (not only work demands), air traffic controllers are responsible for arriving fit for duty, including making appropriate use of non-work periods to obtain sleep, and for reporting fatigue hazards.

Standards and recommended practices (SARPs) relating to fatigue management will be published in *ICAO Annex 11 to Chicago Convention* in next amendment on 11 July 2016. Subsequently, the ATID-ATS will be amended accordingly to reflect the adoption of the SARPs.

Read more on fatigue management

ICAO Doc 9966 – Manual for the Oversight of Fatigue Management Approaches &

Doc 9966 Supp – The Fatigue Management Guide for Air Traffic Service (ATS) Providers.

Further information : In case of any query, please contact the Air Traffic Inspectorate Division: safetybites@dca.gov.my